

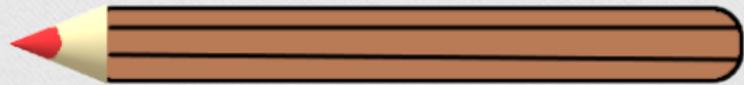
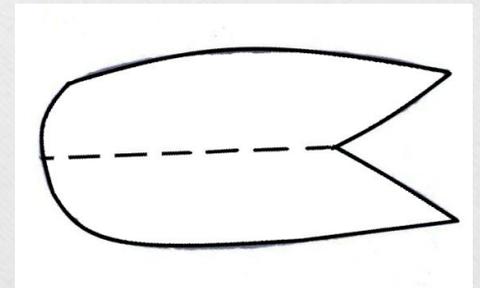
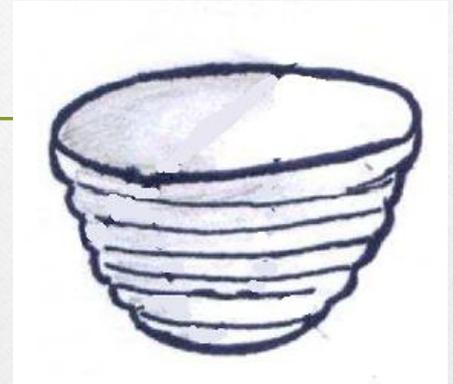
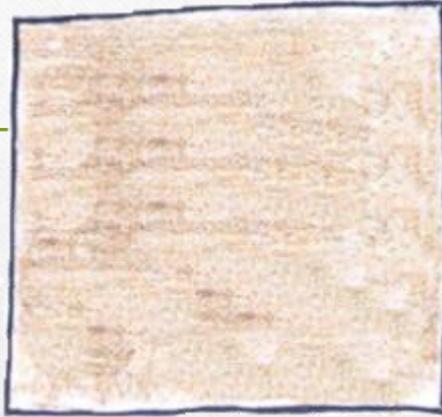
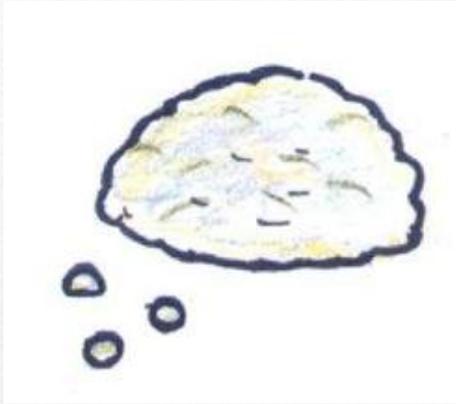
LA
RONDINE
SUL NIDO



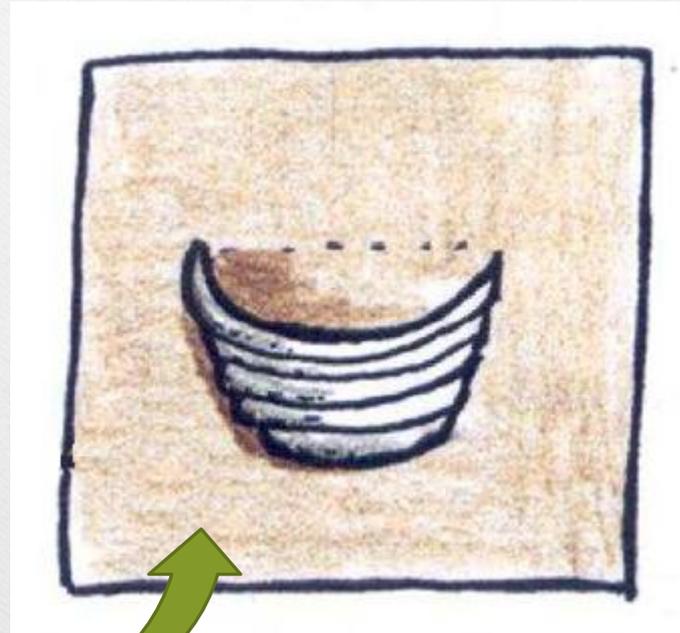
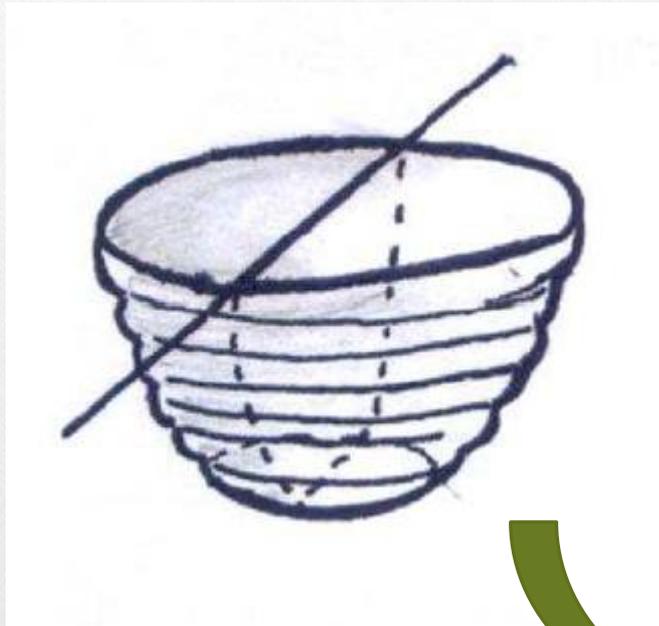
Parco Pineta
Il cuore verde della Lombardia



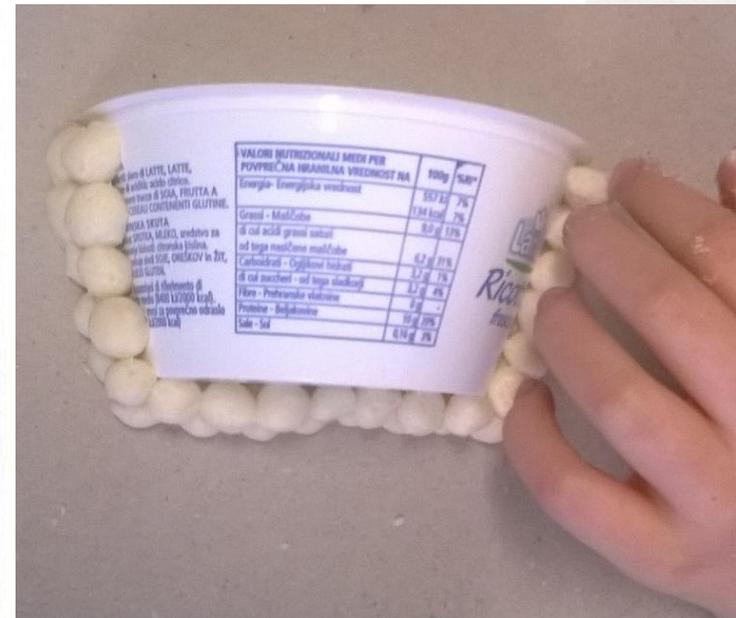
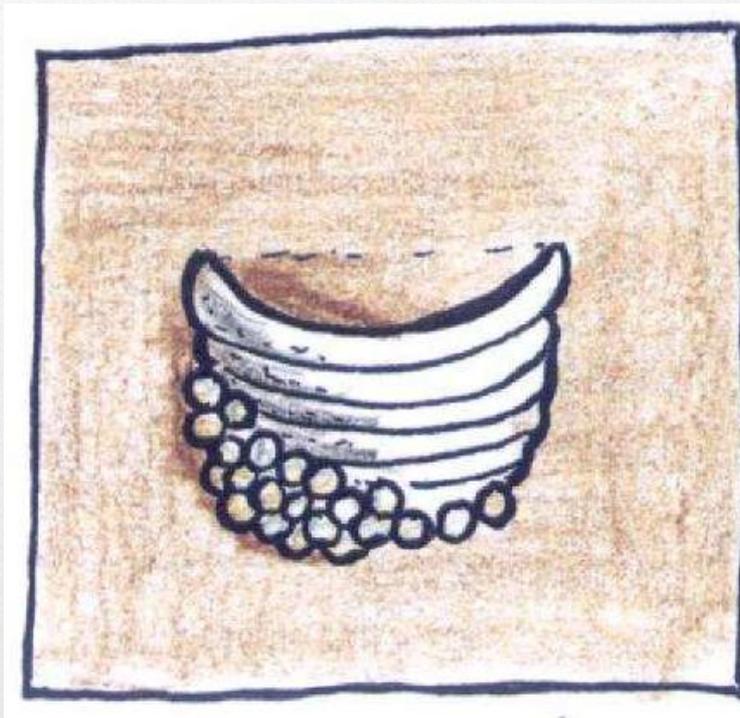
COSA OCCORRE?



TAGLIARE A META' UN VASETTO DI RICOTTA E
INCOLLARE SUL CARTONCINO

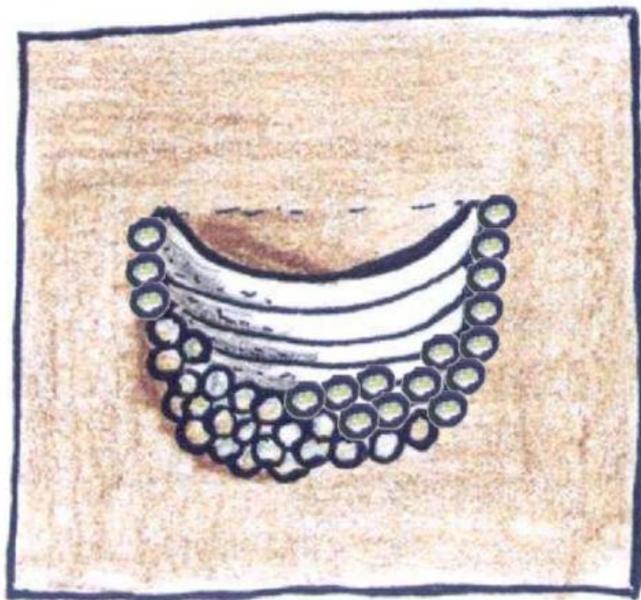


INCOLLARE PALLINE DI PASTA DI SALE

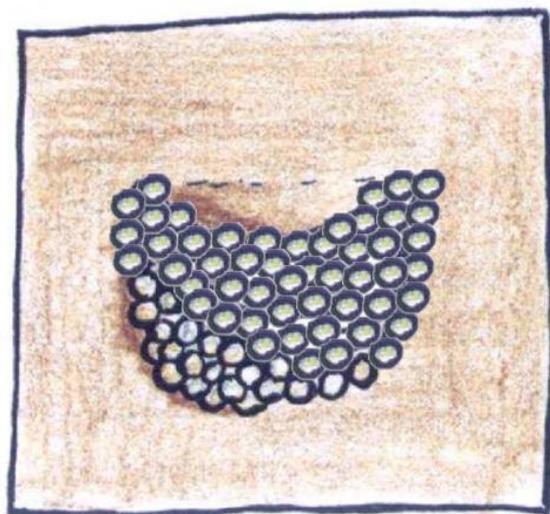


VALORI NUTRIZIONALI MEDI PER POPPICINA FRANGIBLA VREĆNOST NA		100g	%R ¹
Energija - Energetička vrednost			
		107 kJ	7%
Grasni - Masti/Cela			
		124 kcal	2%
		8,7 g	17%
Ugljikohidri - Carbohidri			
		6,2 g	21%
		3,2 g	7%
		3,2 g	4%
		0 g	-
		10 g	20%
		0,1 g	2%

INCOLLARE PALLINE DI PASTA DI SALE



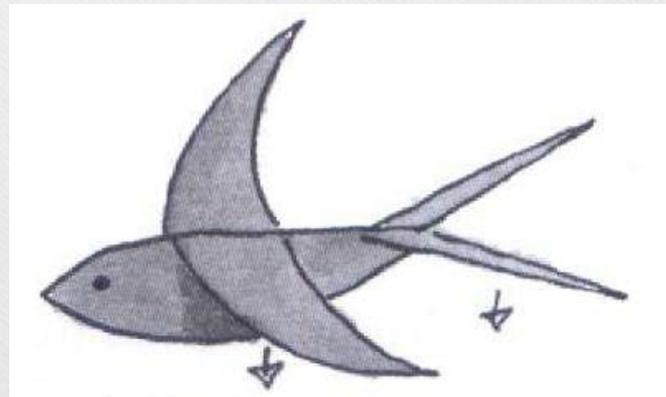
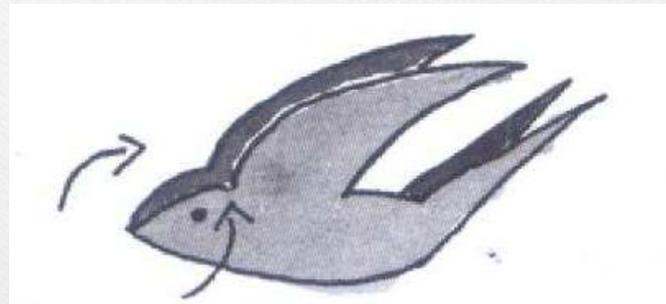
INCOLLARE PALLINE DI PASTA DI SALE



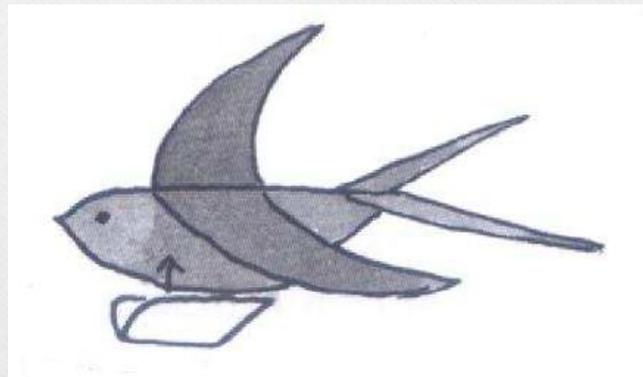
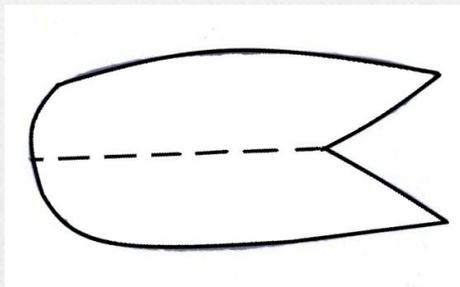
IMBOTTISCI IL NIDO



RIPORTARE LA SAGOMA DELLA RONDINE SU CARTONCINO NERO



TAGLIARE LA PANCIA BIANCA



QUALCHE RITOCÇO.....
FATTO!



LE UOVA POSSONO ESSERE DI
CIOCCOLATO!



FINE